



What is Radial Shockwave Therapy?

Radial Shockwave Therapy is an **FDA cleared technology** proven to increase the rate of healing for soft tissue tendinopathy. It is an advanced, non-invasive and highly effective treatment method that enhances blood circulation and accelerates the healing process causing damaged tissue to gradually regenerate.

What conditions can be treated with RSWT?

- Plantar Fasciitis
- Achilles Tendinitis
- Neuromas
- Diabetic foot ulcers and more!



How does RSWT work?

Pain is your body's natural response to injury. All injuries result in scar tissue formation. Untreated acute injuries can lead to a loss in tissue elasticity in affected tendons and muscles. Scar tissue forms as the healing process gradually shuts down. The ballistic sound waves of the Enpuls penetrate deep through the scar tissue, producing microtrauma. Cells in the soft tissue release substances that intensify your body's natural healing process. The resulting inflammatory response creates a new injury which triggers your body's natural healing response.

What do studies show?

There have been extensive studies done on Radial Shockwave Therapy over the past 20 years. These studies show between a 72% – 80% success rate.

How is RSWT performed?

Radial Shockwave Therapy is administered once a week for a series of 4 to 5 treatments. Each treatment takes approximately 5 minutes depending on the size and number of areas treated. During the treatment there may be some minor discomfort which disappears during the treatment.





Why consider Radial Shockwave Therapy?

RSWT has a proven success rate that is equal to or greater than that of traditional treatment methods, including surgery. Unlike surgery, there is no incision, risk of infection, scar tissue or lengthy recovery process. Unlike high-energy shockwave therapy, there is no need for anesthesia during treatment. Patients treated with RSWT may be active immediately and resume their normal routine the same day. Patients often experience significant and immediate reduction in their pain following treatment.

Why RSWT instead of Physical Therapy?

Most physical therapy treatment for heel pain requires 2 to 3 treatments per week, for 4 to 6 weeks. Each visit requires a co-pay and lasts up to an hour. The RSWT treatments are only once a week, for 5 minutes each. Even though it's not covered by insurance, it's highly effective, requires less time and often less expensive than physical therapy.

What are the possible side effects?

There have been very few side effects reported. In rare cases, skin bruising may occur or patients may feel soreness in the area for a day or two afterward.